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# Time Out

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## MINIMUM PERIODS OF EXCLUSION FROM SCHOOL, PRE-SCHOOL AND CHILDCARE FACILITIES FOR CHILDREN OR STAFF WITH, OR EXPOSED TO, INFECTIOUS DISEASES

(Adapted from Staying Healthy, 5th Edition, 2013)

CONDITION	ACTION	EXCLUSION OF CASE	EXCLUSION OF CONTACTS <sup>a</sup>
▶ <b>Campylobacter infection</b>	 if affecting 2 or more persons	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Candidiasis (thrush)</b>		Not excluded	Not excluded
▶ <b>Cytomegalovirus (CMV) infection</b>		Not excluded	Not excluded
▶ <b>Conjunctivitis</b>		Exclude until discharge from the eyes has stopped, unless a doctor has diagnosed non-infectious conjunctivitis	Not excluded
▶ <b>Cryptosporidium</b>		Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Diarrhoea (no organism identified)</b>	 if affecting 2 or more persons	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Fungal infections of the skin or nails (e.g. ringworm, tinea)</b>		Exclude until the day after starting appropriate antifungal treatment	Not excluded
▶ <b>Giardiasis</b>		Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Glandular fever (mononucleosis, Epstein-Barr virus [EBV] infection)</b>		Not excluded	Not excluded
▶ <b>Hand, foot and mouth disease</b>		Exclude until all blisters have dried	Not excluded
▶ <b>Haemophilus influenzae type b (Hib)</b>		Exclude until the person has received appropriate antibiotic treatment for at least 4 days	Not excluded. Contact Centre for Disease Control for specialist advice
▶ <b>Head lice (pediculosis)</b>		Not excluded if effective treatment begins before the next day at the education and care service. The child does not need to be sent home immediately if head lice are detected	Not excluded
▶ <b>Hepatitis A</b>		Exclude until a medical certificate of recovery is received and until at least 7 days after the onset of jaundice	Not excluded. Contact Centre for Disease Control for specialist advice about vaccinating or treating children in the same room or group
▶ <b>Hepatitis B</b>		Not excluded	Not excluded
▶ <b>Hepatitis C</b>		Not excluded	Not excluded
▶ <b>Herpes simplex (cold sores, fever blisters)</b>		Not excluded if the person can maintain hygiene practices to minimise the risk of transmission. If the person cannot comply with these practices (e.g. because they are too young), they should be excluded until the sores are dry. Sores should be covered with a dressing, where possible	Not excluded
▶ <b>Human immunodeficiency virus (HIV)</b>		Not excluded If the person is severely immune compromised, they will be vulnerable to other people's illnesses	Not excluded
▶ <b>Human parvovirus B19 (fifth disease, erythema infectiosum, slapped cheek syndrome)</b>		Not excluded	Not excluded
▶ <b>Hydatid disease</b>		Not excluded	Not excluded
▶ <b>Impetigo</b>		Exclude until appropriate antibiotic treatment has started. Any sores on exposed skin should be covered with a watertight dressing	Not excluded
▶ <b>Influenza and influenza-like illnesses</b>		Exclude until person is well	Not excluded
▶ <b>Listeriosis</b>		Not excluded	Not excluded
▶ <b>Measles</b>		Exclude for 4 days after the onset of the rash	Immunised and immune contacts are not excluded. For non-immunised contacts, contact Centre for Disease Control for specialist advice. All immunocompromised children should be excluded until 14 days after the appearance of the rash in the last case
▶ <b>Meningitis (viral)</b>		Exclude until person is well	Not excluded
▶ <b>Meningococcal infection</b>		Exclude until appropriate antibiotic treatment has been completed	Not excluded. Contact Centre for Disease Control for specialist advice about antibiotics and/or vaccination for people who were in the same room as the case
▶ <b>Molluscum contagiosum</b>		Not excluded	Not excluded
▶ <b>Mumps</b>		Exclude for 9 days or until swelling goes down (whichever is sooner)	Not excluded
▶ <b>Norovirus</b>		Exclude until there has not been a loose bowel motion or vomiting for 48 hours	Not excluded
▶ <b>Pertussis (whooping cough)</b>		Exclude until 5 days after starting appropriate antibiotic treatment, or for 21 days from the onset of coughing	Contact Centre for Disease Control for specialist advice about excluding non-vaccinated and incompletely vaccinated contacts, or antibiotics
▶ <b>Pneumococcal disease</b>		Exclude until person is well	Not excluded
▶ <b>Roseola</b>		Not excluded	Not excluded
▶ <b>Ross River virus</b>		Not excluded	Not excluded
▶ <b>Rotavirus infection</b>		Exclude until there has not been a loose bowel motion or vomiting for 24 hours <sup>b</sup>	Not excluded
▶ <b>Rubella (German measles)</b>		Exclude until the person has fully recovered or for at least 4 days after the onset of the rash	Not excluded
▶ <b>Salmonellosis</b>		Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Scabies</b>		Exclude until the day after starting appropriate treatment	Not excluded
▶ <b>Shigellosis</b>		Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Streptococcal sore throat (including scarlet fever)</b>		Exclude until the person has received antibiotic treatment for at least 24 hours and feels well	Not excluded
▶ <b>Toxoplasmosis</b>		Not excluded	Not excluded
▶ <b>Tuberculosis (TB)</b>		Exclude until medical certificate is produced from the appropriate health authority	Not excluded. Contact Centre for Disease Control for specialist advice about screening, antibiotics or specialist TB clinics
▶ <b>Varicella (chickenpox)</b>		Exclude until all blisters have dried—this is usually at least 5 days after the rash first appeared in non-immunised children, and less in immunised children	Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection as they are at high risk of developing severe disease. Otherwise, not excluded
▶ <b>Viral gastroenteritis (viral diarrhoea)</b>		Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
▶ <b>Worms</b>		Exclude if loose bowel motions are occurring. Exclusion is not necessary if treatment has occurred	Not excluded

<sup>a</sup> The definition of 'contacts' will vary according to the disease—refer to the specific fact sheet for more information.

<sup>b</sup> If the cause is unknown, possible exclusion for 48 hours until the cause is identified. However, educators and other staff who have a food handling role should always be excluded until there has not been a loose bowel motion for 48 hours. Adapted from SA Health Communicable Disease Control Branch <http://www.dh.sa.gov.au/pehs/ygw/index.htm>. Note that exclusion advice is consistent with the Communicable Diseases Network Australia Series of National Guidelines, where available.

 Telephone Centre for Disease Control in your district so that immediate preventive public health measures can be undertaken. If you notice a cluster (several cases) of any of the above listed conditions in children or staff at your facility, please telephone Centre for Disease Control for advice and educational materials.